



FALCON FITNESS

Gym Membership Incentive: Falcon Fitness participants who attain Level 1 – Believe within the well-being platform, will be eligible to receive a UTPB-sponsored gym membership of \$19 per month.

Q: When can I submit the attendance record?

A: Attendance records can be submitted as soon as the eighth visit is attained. Please do not hold on to attendance records to submit multiple months at one time.

Q: Is there a Gym at UTPB to use, or can we use any gym?

A: Staff & Faculty do not have UTPB Gym access. You may go to the gym of your choice.

Q: Is the \$19 reimbursed via check or on our payroll?

A: If you have direct deposit on file with payroll, payment will be issued by accounting via direct deposit. Typically, within one to two weeks after attendance record approval.

Q: When must Level 1 be attained?

A: Program resets each FY on Sept 1. Participants must attain Level 1 each FY. Once attained you will be eligible to receive the incentive through the end of the FY (August).

Wellness Leave: UTPB permits Wellness Leave to support our employees in regular physical fitness activities. Employees may be granted up to 30 minutes, three times per week, during normal working hours to participate in physical fitness activities.

[Falcon Fitness Platform](#)

Want to take the platform on the go? There's an app for that! Download the Limeade ONE app today to get started.



After launching the app, search for University of Texas to log in.

Questions? Contact support@limeade.com or benefits@utpb.edu